

Lecture 7 | 07.04.2025

Linear mixed effects model

(some theoretical and empirical issues)

A brief overview

- Simple **linear regression model for repeated measurements** within $N \in \mathbb{N}$ (independent) subjects ($i \in \{1, \dots, N\}$) where

$$\mathbf{Y}_i = \mathbb{X}_i \boldsymbol{\beta} + \boldsymbol{\varepsilon}_i$$

for the response vector $\mathbf{Y}_i \in \mathbb{R}^{n_i}$ where $\mathbb{X}_i = (\mathbf{X}_{i1}, \dots, \mathbf{X}_{in_i})^\top$, $\mathbf{X}_{ij} \in \mathbb{R}^p$ for $j = 1, \dots, n_i$ are the explanatory vectors—measurements at time points $\mathbf{t}_i = (t_{i1}, \dots, t_{in_i})^\top$ and $\boldsymbol{\beta} \in \mathbb{R}^p$ is the unknown vector of parameters

- The **variance-covariance structure** within each subject is modelled by the vector parameters $\boldsymbol{\alpha} \in \mathbb{R}^q$, such that $\boldsymbol{\varepsilon}_i \sim N_{n_i}(\mathbf{0}_i, \mathbb{V}_i(\mathbf{t}_i, \boldsymbol{\alpha}))$, where

$$\varepsilon_{ij} = \mathbf{z}_{ij}^\top \mathbf{w}_i + W_i(t_{ij}) + \omega_{ij}$$

for random vector \mathbf{w}_i , random process $W_i(t)$, and random variable ω_{ij}

- This can be rewritten as a **linear mixed (effects) model (LMM)** with fixed effects $\boldsymbol{\beta}$, random effects \mathbf{w}_i 's, and the error terms \mathbf{R}_i 's

$$\mathbf{Y}_i = \mathbb{X}_i \boldsymbol{\beta} + \mathbb{Z}_i \mathbf{w}_i + \mathbf{R}_i,$$

where $\mathbf{R}_i = (R_{i1}, \dots, R_{in_i})^\top = (W_i(t_{i1}) + \omega_{i1}, \dots, W_i(t_{in_i}) + \omega_{in_i})^\top$

(different formulations of the same model depending on which part of the model is emphasized)

Two stage approach vs. LMM formulation

- Considering the longitudinal data $\{(Y_{ij}, \mathbf{X}_{ij}); i = 1, \dots, N; j = 1, \dots, n_i\}$ the statistical analysis can be either performed in a two stage process

- (1) separate models $\mathbf{Y}_i = \mathbb{X}_i^{(1)} \beta_i + \varepsilon_i$ for each subject $i = 1, \dots, N$
- (2) and the overall model for regression parameters $\beta_i = \mathbb{X}_i^{(2)} \beta + \mathbf{b}_i$

- Alternatively (but not equivalently), one common model with mixed effects (LMM) can be used instead where

$$\left. \begin{array}{l} \mathbf{Y}_i = \mathbb{X}_i^{(1)} \beta_i + \varepsilon_i \\ \beta_i = \mathbb{X}_i^{(2)} \beta + \mathbf{b}_i \end{array} \right\} \Rightarrow \mathbf{Y}_i = \underbrace{\mathbb{X}_i^{(1)} \mathbb{X}_i^{(2)}}_{\mathbb{X}_i} \beta + \underbrace{\mathbb{X}_i^{(1)}}_{\mathbb{Z}_i} \underbrace{\mathbf{b}_i}_{\mathbf{w}_i} + \underbrace{\varepsilon_i}_{R_i}$$

What are common drawbacks of the two-stage model formulation that are overcome in the overall LMM formulation?

Consider, for instance, a linear regression line in the first stage and a subject with only one observations. Or, instead, a quadratic fit in the first stage and some subjects with only two measurements?

Components of the LMM

❑ Fixed effects $\mathbb{X}_i\beta$

- ❑ the same structure for all subjects (the population mean structure)
- ❑ covariates \mathbf{X}_{ij} are generally assumed to be random but the regression framework is typically considered conditionally on the model matrix \mathbb{X}

❑ Random effects $\mathbb{Z}_i\mathbf{w}_i$

- ❑ the subject-specific part of the model (the individual mean structure)
- ❑ describes how the mean parameters for one subject differ from the mean parameters for the other subject—resp. how the population mean (common) differs from the subject's specific mean (individual)

❑ Non-systematic terms (error) R_i

- ❑ sometimes called the **variance components model**
- ❑ accounts for the between and within subjects' variability
- ❑ partially modeled by the subject specific covariates...
(typically when heterogeneity is modeled with specific groups)

Population vs. individual interpretation

Consider LMM of the form $\mathbf{Y}_i = \mathbb{X}_i\boldsymbol{\beta} + \mathbb{Z}_i\mathbf{w}_i + \mathbf{R}_i$ where, typically, $\mathbf{w}_i \sim N(0, \mathbb{G})$ and $\mathbf{R}_i \sim N(\mathbf{0}, \mathbb{R}_i)$ – alternatively $\mathbf{Y} = \mathbb{X}\boldsymbol{\beta} + \mathbb{Z}\mathbf{w} + \mathbf{R}$

□ **Marginal model** $\mathbf{Y}_i \sim N(\mathbb{X}_i\boldsymbol{\beta}, \mathbb{Z}_i\mathbb{G}\mathbb{Z}_i^\top + \mathbb{R}_i)$

A population characterization and a population interpretation of the model—the model describes the conditional mean given a subset of specific (sub-population) characteristics. Inference with respect to the subpopulation differences

□ **Hierarchical model** $\mathbf{Y}_i|\mathbf{w}_i \sim N(\mathbb{X}_i\boldsymbol{\beta} + \mathbb{Z}_i\mathbf{w}_i, \mathbb{R}_i)$ and $\mathbf{w}_i \sim N(0, \mathbb{G})$

Subject specific characterization and subject specific as well as population interpretation of the model—the model describes—in two levels (therefore hierarchical)—the conditional mean of a specific subject i but it can be integrated over the distribution of \mathbf{w}_i to obtain the population characterization (similarly as in the marginal model)

↔ note, that the hierarchical model can be used to obtain the marginal model, but this does not hold in vise-versa manner. Also, different **hierarchical models** can produce the same **marginal model**

Examples

- ❑ **Example 1** Consider a simple linear mixed effect model for two repeated observations only (i.e., $n_i = 2$) with a random intercept term and uncorrelated heterogeneous errors $\mathbf{R}_i = (R_{i1}, R_{i2})^\top$ where $R_{i1} \sim N(0, \tau_1^2)$ and $R_{i2} \sim N(0, \tau_2^2)$. What is the mean structure? What is the overall variance-covariance structure $\mathbb{Z}_i \mathbb{G} \mathbb{Z}_i^\top + \mathbb{R}_i$?
- ❑ **Example 2** Consider a simple linear mixed effect model for two repeated observations only (i.e., $n_i = 2$) with (uncorrelated) random intercept and random slope terms and homoscedastic errors $\mathbf{R}_i \sim N_2(\mathbf{0}, \tau_2 \mathbb{I})$. What is the mean structure? What is the overall variance-covariance structure?

Thus, as a direct consequence, any good marginal model fit can not be used as an argument to justify also a good hierarchical model fit...

We can only contradict a wrong model... we can not prove a right model!

Inference in a marginal model

Basically, there are two parts of the model that are important when performing the statistical inference about the unknown parameters

- ❑ Inference about the fixed effects (parameters $\beta \in \mathbb{R}^p$)
 - ❑ Wald type tests
 - ❑ t -tests and F -tests
 - ❑ likelihood ratio tests
 - ❑ robust (sandwich) inference

- ❑ Inference about variance/covariance components (parameters $\alpha \in \mathbb{R}^q$)
 - ❑ Wald type tests
 - ❑ likelihood ratio tests

↪ in practical applications there are also various information criteria used (AIC, BIC, Hannan and Quinn (HQIC), Bozdogan (CAIC), etc.)

(log-likelihood minus penalty: $\# \theta \mid (\# \theta \log \mathcal{N})/2 \mid \# \theta \log \log \mathcal{N} \mid \# \theta (\log \mathcal{N} + 1)/2$,

where $\mathcal{N} = \sum_i n_i$ for ML and $\mathcal{N} = N - p$ for REML – but ML should be used for comparisons)

- the estimate for $\beta \in \mathbb{R}^p$

$$\hat{\beta}(\hat{\alpha}) = (\mathbf{X}^\top \mathbf{W} \mathbf{X})^{-1} \mathbf{X}^\top \mathbf{W} \mathbf{Y}$$

where $\mathbf{W}^{-1} = \mathbb{V}(\alpha, \mathbf{t})$, and $\hat{\alpha} \in \mathbb{R}^q$ is a REML (ML) estimate of $\alpha \in \mathbb{R}^q$
($\hat{\beta}(\hat{\alpha})$ is unbiased estimate whatever the value of $\hat{\alpha} \in \mathbb{R}^q$ is plugged-in)

- the variance of $\hat{\beta}(\hat{\alpha})$ is

$$\text{Var}[\hat{\beta}(\hat{\alpha})] = (\mathbf{X}^\top \mathbf{W} \mathbf{X})^{-1} \left(\mathbf{X}^\top \mathbf{W}^\top [\text{Var} \mathbf{Y}] \mathbf{W} \mathbf{X} \right) (\mathbf{X}^\top \mathbf{W} \mathbf{X})^{-1}$$

and for a correctly specified variance matrix $\text{Var}[\hat{\beta}(\hat{\alpha})] = (\mathbf{X}^\top \mathbf{W} \mathbf{X})^{-1}$

- the distribution of $\hat{\beta}(\hat{\alpha})$ is (conditionally on $\hat{\alpha}$) approximately normal, with the corresponding mean and variance structure

Inference for the mean structure

(I)

Consider the null hypothesis of the form $H_0 : \mathbb{L}\beta = \mathbf{0}$ vs. $H_A : \mathbb{L}\beta \neq \mathbf{0}$

- Wald tests (approximate)

$$T = \hat{\beta}^\top \mathbb{L}^\top \left[\mathbb{L} \left(\mathbb{X}^\top \mathbb{V}^{-1}(\mathbf{t}, \hat{\alpha}) \mathbb{X} \right)^{-1} \mathbb{L}^\top \right]^{-1} \mathbb{L} \hat{\beta} \underset{as.}{\overset{H_0}{\sim}} \chi^2_{rank(\mathbb{L})}$$

(but the additional variability introduced by replacing α with $\hat{\alpha}$ is not accounted for)

- t -tests and F -tests (approximate)

$$F = \frac{\hat{\beta}^\top \mathbb{L}^\top \left[\mathbb{L} \left(\mathbb{X}^\top \mathbb{V}^{-1}(\mathbf{t}, \hat{\alpha}) \mathbb{X} \right)^{-1} \mathbb{L}^\top \right]^{-1} \mathbb{L} \hat{\beta}}{rank(\mathbb{L})} \underset{as.}{\overset{H_0}{\sim}} F_{rank(\mathbb{L}), M}$$

(where M needs to be approximated—containment, Satterthwaite, or Kenward & Roger)

- Likelihood ratio tests (approximate)

$$L = -2 \ln \lambda = -2 \ln \left[L(\text{model } H_0) / L(\text{model } H_A) \right] \underset{as.}{\overset{H_0}{\sim}} \chi^2_{dim(H_A) - dim(H_0)}$$

Both, ML and REML estimates of $\alpha \in \mathbb{R}^q$ are approximately normally distributed with the true value as the mean vector and the inverse Fisher information matrix as the variance-covariance matrix

- **Approximate Wald type tests** are easily obtainable
(in SAS the option `covtest` in the `proc mixed` statement)
- However, some statistical tests may not have any reasonable interpretation under the hierarchical model (the tests are only meaningful under the marginal model) (Consider: $\text{Var } \mathbf{Y}_i(t) = (1, t)\mathbb{G}(1, t)^\top + \sigma^2$)
- Moreover, the quality of the normal approximation depends on the true value of $\alpha \in \mathbb{R}^q$ and the approximation completely fails when testing for boundary values (Again marginal vs. hierarchical model)
- **Likelihood ratio tests** for comparisons of nested models
(also valid for REML if the same mean structure is used)

- Under the hierarchical model the asymptotic distribution of the likelihood ratio test statistic under the null hypothesis of variance component insignificance can be derived
- For a model with random effects (intercept and slope) $\mathbf{w}_i \sim N_2(\mathbf{0}, \mathbb{G})$ the significance of the random slope can be tested by the null hypothesis

$$H_0 : g_{12} = g_{21} = g_{22}$$

- Note, that the null hypothesis (specifically $g_{22} = 0$, where $\mathbb{G} = (g_{ij})_{i,j=1}^2$ is actually on the boundary of the parameter space—therefore, a normal approximation for the the corresponding estimate \hat{g}_{22} is not appropriate
- It can be show, that under the null hypothesis H_0 the likelihood ratio test statistic $-2 \ln \lambda_N$ converges in distribution to a mixture of two χ^2 distributions:

$$-2 \ln \lambda_N \xrightarrow{\mathcal{D}} \chi_{1:2}^2, \quad \text{for } N \rightarrow \infty$$

The measurements of the dependent variable, $Y_{ij} \in \mathbb{R}$, for subjects $i = 1, \dots, N$ and repeated observations $j = 1, \dots, n_i$ within the subject i (taken at the time-points $t_{i1} < t_{i2} < \dots < t_{in_i}$) can be also expressed as

$$Y_i(t_{ij}) \equiv Y_{ij} = \mu(t_{ij}) + U_{ij} + W_i(t_{ij}) + \omega_{ij}$$

where

- $\mu(t_{ij}) \equiv \mathbf{X}_{ij}^\top \beta$ is the mean profile
- $U_{ij} = \mathbf{z}_{ij}^\top \mathbf{w}_i$, where $U_{ij} \sim N(0, \mathbf{z}_{ij}^\top \mathbb{G} \mathbf{z}_{ij})$, independent in $i \in \{1, \dots, N\}$
- $W_i(t_{ij})$ are realization of independent copies $\{W_i(t)\}$ of a zero mean Gaussian process with the covariance function $\sigma^2 \rho(u)$
- $\omega_{ij} \sim N(0, \tau^2)$ are mutually independent measurement errors

Goal: To construct an estimate (a prediction) for an individual i outcome at the time point t , meaning that we want to obtain the profile for $\hat{Y}_i(t)$

Towards the individual's prediction

- as far as $\omega_{ij} \sim N(0, \tau^2)$ are zero-mean (independent) measurement errors they do not contribute to the prediction/estimation of $Y_i(t)$
- therefore, the prediction/estimate of $Y_i(t)$ can be expressed as

$$\hat{Y}_i(t) = \hat{\mu}(t) + \hat{U} + \hat{W}_i(t) = \hat{\mu}(t) + \hat{\Omega}_i(t)$$

where $\hat{\mu}(t)$ represents the estimate for the mean structure and $\hat{\Omega}_i(t)$ represents the estimate for the variance/covariance structure

- the mean structure can be estimated by standard techniques (e.g., by assuming a linear regression model)
- **How to estimate the variance/covariance structure $\Omega_i(t)$?**

Continuous process vs. discrete realizations

- the subject specific profile $Y_i(t)$ is only observed at some finite number of time points $\mathbf{t}_i = (t_{i1}, \dots, t_{in_i})^\top \in \mathbb{R}^{n_i}$
- the same can be also said about the subject specific variance/covariance structure $\Omega_i(t)$ that is only observed at $\mathbf{t}_i = (t_{i1}, \dots, t_{in_i})^\top \in \mathbb{R}^{n_i}$
- Analogously, the estimate for $\Omega_i(t)$ will be only provided for some specific (finitely many) time points, lets say $\mathbf{t} = (t_1, \dots, t_n)^\top \in \mathbb{R}^n$
- Under the assumed normality, we have $\mathbf{Y}_i \sim N(\mathbb{X}_i\beta, \mathbb{Z}_i\mathbb{G}\mathbb{Z}_i^\top + \sigma^2\mathbb{H}_i + \tau^2\mathbb{I}_i)$ and also $\boldsymbol{\Omega}_i = (\Omega_i(t_1), \dots, \Omega_i(t_n))^\top \sim N(\mathbf{0}, \mathbb{Z}_t\mathbb{G}\mathbb{Z}_t^\top + \sigma^2\mathbb{H}_t)$ where \mathbb{Z}_t and \mathbb{H}_t correspond to the time points $\mathbf{t} = (t_1, \dots, t_n)^\top$
- Thus, it also holds that

$$\begin{pmatrix} \boldsymbol{\Omega}_i \\ \mathbf{Y}_i \end{pmatrix} \sim N_{n+n_i} \left(\begin{pmatrix} \mathbf{0} \\ \mathbb{X}_i\beta \end{pmatrix}, \begin{pmatrix} \boldsymbol{\Sigma}(\mathbf{t}, \mathbf{t}) & \boldsymbol{\Sigma}(\mathbf{t}, \mathbf{t}_i) \\ \boldsymbol{\Sigma}(\mathbf{t}_i, \mathbf{t}) & \tau^2\mathbb{I} + \boldsymbol{\Sigma}(\mathbf{t}_i, \mathbf{t}_i) \end{pmatrix} \right)$$

where $\boldsymbol{\Sigma}(\cdot, \cdot)$ represent the corresponding covariance matrix

Conditional normal distribution

- A natural estimate for Ω_i would be the conditional expectation, i.e.

$$\hat{\Omega}_i = E[\Omega_i | \mathbf{Y}_i]$$

- Using standard properties of a multivariate normal distribution, where

$$\begin{pmatrix} \mathbf{X} \\ \mathbf{Y} \end{pmatrix} \sim N_{p+q} \left(\begin{pmatrix} \mu_1 \\ \mu_2 \end{pmatrix}, \begin{pmatrix} \Sigma_{11} & \Sigma_{12} \\ \Sigma_{21} & \Sigma_{22} \end{pmatrix} \right)$$

it holds that

- the conditional expectation of \mathbf{X} given \mathbf{Y} is

$$E[\mathbf{X} | \mathbf{Y} = \mathbf{y}] = \mu_1 + \Sigma_{12} \Sigma_{22}^{-1} (\mathbf{y} - \mu_2)$$

$(\mu_{X|Y})$

- the conditional variance of \mathbf{X} given \mathbf{Y} is

$$\text{Var}[\mathbf{X} | \mathbf{Y} = \mathbf{y}] = \Sigma_{11} - \Sigma_{12} \Sigma_{22}^{-1} \Sigma_{21}$$

$(\Sigma_{X|Y})$

- thus, the conditional distribution of \mathbf{X} given \mathbf{Y} is

$$\mathbf{X} | \mathbf{Y} = \mathbf{y} \sim N_p(\mu_{X|Y}, \Sigma_{X|Y})$$

Estimate for the subject's profile

Using now the properties of the multivariate normal distribution we finally obtain

$$\square \hat{\Omega}_i = E[\Omega_i | \mathbf{Y}_i] = \Sigma(\mathbf{t}, \mathbf{t}_i) \left[\tau^2 \mathbb{I} + \Sigma(\mathbf{t}_i, \mathbf{t}_i) \right]^{-1} (\mathbf{Y}_i - \mathbb{X}_i \beta)$$

$$\square \text{Var}[\hat{\Omega}_i | \mathbf{Y}_i] = \Sigma(\mathbf{t}, \mathbf{t}) - \Sigma(\mathbf{t}, \mathbf{t}_i) \left[\tau^2 \mathbb{I} + \Sigma(\mathbf{t}_i, \mathbf{t}_i) \right]^{-1} \Sigma(\mathbf{t}_i, \mathbf{t})$$

- in the expressions above there are still some quantities that are unknown (the vector of the regression parameters $\beta \in \mathbb{R}^p$ or the parameters $\alpha \in \mathbb{R}^q$ that specifies the variance/covariance structure)
- **plug-in** techniques are typically used to obtain the final estimate for Ω_i
- note, that for $\tau^2 = 0$ and $\mathbf{t} \equiv \mathbf{t}_i$, the estimator/predictor $\hat{\Omega}_i$ reduces to $(\mathbf{Y}_i - \mathbb{X}_i \hat{\beta})$ with zero variance (meaning that if there is no measurement error than the data are perfect estimate/prediction for the true outcome at the existing observation time points)
- when $\tau^2 > 0$, than $\hat{\Omega}_i$ reflects some compromise between $(\mathbf{Y}_i - \mathbb{X}_i \hat{\beta})$ and zero tending to zero when τ^2 increases

Examples

- **Example 1** Assume a simple linear (regression) model with a random intercept term (i.e., $\mathbf{z}_{ij} = 1$ and $\mathbf{w}_i \sim N(0, \nu^2)$)
 - observations $Y_i(t_{ij}) \equiv Y_{ij} = \mu(t_{ij}) + U_i + W_i(t)_{ij} + \omega_{ij}$
 - thus, $\mathbf{Y}_i \sim N(\mathbb{X}_i\beta, \nu^2\mathbb{J}_i + \sigma^2\mathbb{H}_i + \tau^2\mathbb{I}_i)$
 - and, also, $\Omega_i \sim N(0, \nu^2\mathbb{J}_t + \sigma^2\mathbb{H}_t)$

- **Example 2** Assume a simple linear (regression) model with a random intercept and random slope (i.e., $\mathbf{z}_{ij} = (1, t_{ij})^\top$ and $\mathbf{w}_i \sim N_2(0, \nu^2\mathbb{I})$), where $\mathbb{I} \in \mathbb{R}^{2 \times 2}$ is a unit matrix and $\mathbf{w}_i = (w_{i1}, w_{i2})^\top$
 - observations $Y_i(t_{ij}) \equiv Y_{ij} = \mu(t_{ij}) + (w_{i1} + w_{i2}t_{ij}) + W_i(t)_{ij} + \omega_{ij}$
 - thus, $\mathbf{Y}_i \sim N(\mathbb{X}_i\beta, \nu^2\mathbb{M}_i + \sigma^2\mathbb{H}_i + \tau^2\mathbb{I}_i)$, where $\mathbb{M}_i = (1 + t_{ij}t_{ik})_{j,k=1}^{n_i}$
 - and, also, $\Omega_i \sim N(0, \nu^2\mathbb{M}_t + \sigma^2\mathbb{H}_t)$, where $\mathbb{M}_t = (1 + t_jt_k)_{j,k=1}^n$

Bayesian interpretation

- prior density for the random effects: $\mathbf{w}_i \sim g(\mathbf{w})$
- conditional density of the data: $\mathbf{Y}_i | \mathbf{w}_i \sim f(\mathbf{y} | \mathbf{w})$
- posterior density for the random effects

$$g(\mathbf{w} | \mathbf{y}) = \frac{f(\mathbf{y} | \mathbf{w})g(\mathbf{w})}{\int f(\mathbf{y} | \mathbf{w})g(\mathbf{w})d\mathbf{w}}$$

- posterior mean of $g(\mathbf{w} | \mathbf{y})$ used as an estimate for \mathbf{w}_i
(still depends on the estimated parameters in $\hat{\alpha} \in \mathbb{R}^q$)