# Bilipschitz and coarse embeddings into Banach spaces <br> Part I: Introduction 

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## Banach spaces

- Banach spaces $\ell_{p}^{n}, \ell_{p}, L_{p}(0,1)$, denoted just $L_{p}, L_{p}(\Omega, \Sigma, \mu)$, $1 \leq p \leq \infty$.


## Metric spaces

- Important example: Graphs with graph distances.
- Let $G=(V(G), E(G))$ be a graph, so $V$ is a set of objects called vertices and $E$ is some set of unordered pairs of vertices called edges. We denote an unordered pair consisting of vertices $u$ and $v$ by $u v$ and say that $u$ and $v$ are ends of $u v$.


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- A walk in $G$ is a finite sequence of the form $W=v_{0}, e_{1}, v_{1}, e_{2}, \ldots, e_{k}, v_{k}$ whose terms are alternately vertices and edges such that, for $1 \leq i \leq k$, the edge $e_{i}$ has ends $v_{i-1}$ and $v_{i}$. We say that $W$ starts at $v_{0}$ and ends at $v_{k}$, and that $W$ is a $v_{0} v_{k}$-walk. The number $k$ is called the lengths of the walk.


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- A graph $G$ is called connected if for each $u, v \in V(G)$ there is a $u v$-walk in $G$.
- If $G$ is connected, we endow $V(G)$ with the metric $d_{G}(u, v)=$ the length of the shortest $u v$-walk in $G$. The metric $d_{G}$ is called the graph distance.


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- If $G$ is connected, we endow $V(G)$ with the metric $d_{G}(u, v)=$ the length of the shortest $u v$-walk in $G$. The metric $d_{G}$ is called the graph distance.
- When we say "graph $G$ with its graph distance" we mean the metric space $\left(V(G), d_{G}\right)$.


## Semimetric spaces

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- Example. Cut semimetrics. Let $S$ be a subset of a set $A, \bar{S}$ be the complement of $S$. The pair $(S, \bar{S})$ is called a cut in $A$ and $S, \bar{S}$ are called parts of this cut. The cut semimetric on $A$ corresponding to the cut $(S, \bar{S})$ is defined by

$$
d_{S}(u, v)= \begin{cases}0 & \text { if } u \text { and } v \text { are in the same part } \\ 1 & \text { if } u \text { and } v \text { are in different parts }\end{cases}
$$

## Semimetrics and embeddings in combinatorial optimization

- We are going to describe the sparsest cut problem. In this problem we are given a connected graph $G=(V, E)$, with a positive weight (called a capacity) $c(e)$ associated to each edge $e \in E$, and a nonnegative weight (called a demand) $D(u, v)$ associated to each (unordered) pair of vertices $u, v \in V$.


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- By a cut of $G$ we mean a partition of the vertex set $V$ into two disjoint sets: $S$ and its complement $\bar{S}$. The sparsity of the cut $(S, \bar{S})$ is defined as

$$
\begin{equation*}
\frac{\sum_{u \in S, v \in \bar{S}, u v \in E} c(u v)}{\sum_{u \in S, v \in \bar{S}} D(u, v)} \tag{1}
\end{equation*}
$$

that is, the sparsity is the ratio between the capacities and the demands which "cross" the cut.

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- For this reason its approximate version is also of interest: to approximate the minimum sparsity.


## Approximation of the sparsest cut

- One of the approaches to the approximate version of the problem comes from writing the quantity (1) in terms of a cut semimetric $d_{S}$ :

$$
\begin{equation*}
\frac{\sum_{u v \in E} c(u v) d_{S}(u, v)}{\sum_{u, v \in V} D(u, v) d_{S}(u, v)} . \tag{2}
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- Obviously, the minimum decreases if instead of the minimum over cut metrics $d_{S}$ we consider the minimum over all nontrivial semimetrics $d$ on $V$ (by a nontrivial semimetric here we mean a semimetric for which $\left.\sum_{u, v \in V} D(u, v) d(u, v) \neq 0\right)$.
- The point is that the problem of minimization of

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- In more detail, by homogeneity, we may restrict our attention to the metrics satisfying $\sum_{u, v \in V} D(u, v) d(u, v)=1$. Then we can write the problem as: Minimize the sum $\sum_{u v \in E} c(u v) d(u, v)$ over the set of all collections $\{d(u, v)\}_{u, v \in V, u \neq v}$ satisfying the conditions

$$
\begin{array}{ll} 
& \sum_{u, v \in V} D(u, v) d(u, v)=1 \\
\forall u, v, w \in V & d(u, w) \leq d(u, v)+d(v, w)  \tag{4}\\
\forall u, v \in V & d(u, v)=d(v, u) \\
\forall u, v \in V & d(u, v) \geq 0
\end{array}
$$

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- It turns out that the ratio between the minimum computed for this Linear Programming problem and the sparsest cut can be estimated from above in terms of the possible quality of embeddings of the semimetric space ( $V, d_{\text {min }}$ ) into the Banach space $\ell_{1}$.
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- It turns out that the ratio between the minimum computed for this Linear Programming problem and the sparsest cut can be estimated from above in terms of the possible quality of embeddings of the semimetric space ( $V, d_{\text {min }}$ ) into the Banach space $\ell_{1}$.
- This result and some other similar results led to a very strong interest of Computer Scientists to the theory of embeddings of metric spaces into Banach spaces and to a very active development of the area.


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- We are interested in the case when $X$ and $Y$ are metric (or at least semimetric) spaces and we are interested in embeddings which do not "distort too much" the metric structure.
- We start with embeddings which preserve distances.


## Isometric embeddings

- A map $f: X \rightarrow Y$ between two metric spaces is called an isometric embedding if it preserves distances, that is $d_{Y}(f(u), f(v))=d_{X}(u, v)$ for all $u, v \in X$.


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- If there exists an isometric embedding of $X$ into $Y$ we say that $X$ is isometric to a subset (subspace) of $Y$.
- If an isometric embedding of $X$ into $Y$ is a bijection of $X$ and $Y$, we say that $X$ and $Y$ are isometric.
- The theory of isometric embeddings is a very rich theory which was developed from several different perspectives.
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- Proposition (Fréchet). Each countable metric space embeds isometrically into $\ell_{\infty}$. Each metric space with $n$ elements embeds isometrically into $\ell_{\infty}^{n}$.


## Proof of the Fréchet proposition

- Let $X=\left\{u_{i}\right\}_{i=0}^{\infty}$ be a countable metric space. We introduce a map $f: X \rightarrow \ell_{\infty}$ by

$$
f(v)=\left\{d\left(v, u_{i}\right)-d\left(u_{i}, u_{0}\right)\right\}_{i=1}^{\infty} .
$$

Observe that

$$
\|f(v)-f(w)\|=\sup _{i \in \mathbb{N}}\left|d\left(v, u_{i}\right)-d\left(w, u_{i}\right)\right| .
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- On the other hand, if $v \neq w$, then at least one of $v, w$ is among $\left\{u_{i}\right\}_{i=1}^{\infty}$. Suppose that $v \in\left\{u_{i}\right\}_{i=1}^{\infty}$. We get

$$
\sup _{i \in \mathbb{N}}\left|d\left(v, u_{i}\right)-d\left(w, u_{i}\right)\right| \geq|d(v, v)-d(w, v)|=d(v, w)
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This proves the first statement.

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- We can make its proof simpler if we observe that for a bounded metric space $X=\left\{u_{i}\right\}$ (that is, for a space $X$ for which $\sup _{u, v \in X} d(u, v)$ is finite) the definition of $f(v)$ can be simplified to $f(v)=\left\{d\left(v, u_{i}\right)\right\}_{i}$.
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- In particular, if $X=\left\{u_{i}\right\}_{i=1}^{n}$, then $f(v)=\left\{d\left(v, u_{i}\right)\right\}_{i=1}^{n}$ defines an isometric embedding into $\ell_{\infty}^{n}$.
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## - Definition (More Graph Theory)

A complete graph with $n$ vertices in which any two distinct vertices are joined by exactly one edge is denoted $K_{n}$. A path with $n$ vertices is a graph whose vertices form a sequence $\left\{v_{i}\right\}_{i=1}^{n}$ and edges are determined by the following: $v_{k}, k=2, \ldots, n-1$ is joined by exactly one edge with $v_{k-1}$ and $v_{k+1}$. The vertex $v_{1}$ is joined with $v_{2}$ only and the vertex $v_{n}$ is joined with $v_{n-1}$ only. The path with $n$ vertices is denoted $P_{n}$. If we add an edge joining $v_{1}$ and $v_{n}$ we get a graph called a cycle of length $n$ and denoted by $C_{n}$. A graph is called simple if any two vertices in it are joined by at most one edge and there are no loops. The degree of a vertex is the number of edges incident to it.

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- Proof. It is easy to find isometric embeddings of $K_{n}$ and $P_{n}$ into $\ell_{2}$. Let $\left\{e_{k}\right\}_{k=1}^{\infty}$ be the unit vector basis in $\ell_{2}$. For $K_{n}$ we map $v_{k} \mapsto \frac{e_{k}}{\sqrt{2}}$. For $P_{n}$ we map $v_{k} \mapsto k e_{1}$. It is easy to see that both maps are isometric embeddings.
- Proposition. A finite simple connected graph $G$ admits an isometric embedding into $\ell_{2}$ if and only if it is either $K_{n}$ or $P_{n}$ for some $n$.
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- To prove the "only if" part of the statement we assume that $G$ is a finite simple connected graph, which is not a path, but is such that $\left(V(G), d_{G}\right)$ is isometric to a subset of $\ell_{2}$, denote the isometric embedding by $f$. Our goal is to show that these conditions imply that $G$ is a complete graph.
- The fact that $G$ is not a path immediately implies that $G$ is either a cycle or has a vertex of degree 3. (Recall that $G$ is connected.)
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- As for longer cycles we prove that they do not admit isometric embeddings into $\ell_{2}$ in the following way.
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- Since this observation is applicable also for $v_{n}, v_{1}, v_{2}$, we get a contradiction.
- Now let $v \in V(G)$ be a vertex of degree $\geq 3$, and let $u_{1}, u_{2}, u_{3}$ be its neighbors. We show that $u_{i}$ are pairwise adjacent. If two pairs of them (say $u_{1}, u_{2}$ and $u_{2}, u_{3}$ ) are not adjacent, we get a contradiction because $f(v)$ should be simultaneously a midpoint of the line segment $f\left(u_{1}\right)$ and $f\left(u_{2}\right)$ and a midpoint of the line segment joining $f\left(u_{2}\right)$ and $f\left(u_{3}\right)$.
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- If only one edge, say $u_{1} u_{3}$, is missing then both $f\left(u_{2}\right)$ and $f(v)$ should be midpoints of the line segment joining $f\left(u_{1}\right)$ and $f\left(u_{3}\right)$.
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- Therefore $v$ and all of its neighbors should form a complete subgraph in $G$. Since the same should hold for each of the neighbors of $v$, we get that $G$ should be a complete graph.


## A wider class of embeddings

- Definition

Let $C<\infty$. A map $f:\left(X, d_{X}\right) \rightarrow\left(Y, d_{Y}\right)$ between two metric spaces is called $C$-Lipschitz if

$$
\forall u, v \in X \quad d_{Y}(f(u), f(v)) \leq C d_{X}(u, v)
$$

A map $f$ is called Lipschitz if it is $C$-Lipschitz for some $C<\infty$. For a Lipschitz map $f$ we define its Lipschitz constant by

$$
\operatorname{Lip} f:=\sup _{d_{X}(u, v) \neq 0} \frac{d_{Y}(f(u), f(v))}{d_{X}(u, v)}
$$

## A wider class of embeddings

- Definition

A map $f: X \rightarrow Y$ is called a C-bilipschitz embedding if there exists $r>0$ such that

$$
\begin{equation*}
\forall u, v \in X \quad r d_{X}(u, v) \leq d_{Y}(f(u), f(v)) \leq r C d_{X}(u, v) \tag{5}
\end{equation*}
$$

A bilipschitz embedding is an embedding which is C-bilipschitz for some $C<\infty$. The smallest constant $C$ for which there exist $r>0$ such that (5) is satisfied is called the distortion of $f$. (It is easy to see that such smallest constant exists.)

## A wider class of embeddings

- Definition

A map $f: X \rightarrow Y$ is called a $C$-bilipschitz embedding if there exists $r>0$ such that

$$
\begin{equation*}
\forall u, v \in X \quad r d_{X}(u, v) \leq d_{Y}(f(u), f(v)) \leq r C d_{X}(u, v) \tag{5}
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- It is easy to see that each bijective embedding of a finite metric space is bilipschitz (possibly with very large distortion). So for bilipschitz embeddings of finite spaces the main focus is shifted to either finding low-distortion embeddings or finding bilipschitz embeddings of families of spaces with uniformly bounded distortions.


## Exercise of the day

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- We introduce the following graph structure on the set $\left\{v_{i}\right\}_{i=1}^{k}$ : $v_{i}$ and $v_{j}$ are joined by an edge if and only if $\left\|v_{i}-v_{j}\right\| \leq 3 \varepsilon$.


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- We introduce the following graph structure on the set $\left\{v_{i}\right\}_{i=1}^{k}$ : $v_{i}$ and $v_{j}$ are joined by an edge if and only if $\left\|v_{i}-v_{j}\right\| \leq 3 \varepsilon$.
- Exercise. Show that the identical embedding of this graph into $\ell_{2}^{n}$ has distortion $\leq 3$.
- Let $\left(X, d_{X}\right)$ and $\left(Y, d_{Y}\right)$ be metric spaces. The infimum of distortions of bilipschitz embeddings of $X$ into $Y$ is denoted $c_{Y}(X)$. We let $c_{Y}(X)=\infty$ if there are no bilipschitz embeddings of $X$ into $Y$. When $Y=L_{p}$ we use the notation $c_{Y}(\cdot)=c_{p}(\cdot)$ and call this number the $L_{p}$-distortion of $X$. The parameter $c_{2}(X)$ is called the Euclidean distortion of $X$.
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- Let me recall our discussion of the sparsest cut problem. Instead of finding some minimum of certain quotient over cut metrics we found minimum of similar quotient over all semimetrics. It turns out that the ratio (the desired minimum)/(the minimum which we found) is bounded by 1 from below (trivial) and by $c_{1}$ (the optimal semimetric space) from above.
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- Thus, it is interesting to study the distortion.


## Open problem of the day

- Is it possible to find an (infinite) metric space $M$ such that a Banach space $X$ is nonreflexive if and only if $M$ admits a bilipschitz embeddings into $X$ ?


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$$
\begin{align*}
& \text { Average } d_{M}(f(e), f(-e))^{p} \\
& \qquad \leq T^{p} \sum_{j=1}^{n} \text { Average } d_{M}\left(f\left(e_{1}, \ldots, e_{j-1}, e_{j}, e_{j+1}, \ldots, e_{n}\right),\right. \\
& \left.\quad f\left(e_{1}, \ldots, e_{j-1},-e_{j}, e_{j+1}, \ldots, e_{n}\right)\right)^{p} . \tag{6}
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- A Banach space is nonsuperreflexive if and only if it contains a bilipschitz image of an infinite binary tree.


## More examples

- A Banach space does not have type $>1$ if and only if it contains uniformly bilipschitz images of Hamming cubes of all sizes.


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- A Banach space does not have type $>1$ if and only if it contains uniformly bilipschitz images of Hamming cubes of all sizes.
- A Banach space $X$ has James tree property (whatever this means) if and only if there exists a mapping of the metric space called infinite diamond which has the bilipschitz property on certain set of distances (explicitly describable).
- I tried the following notion of a metric characterization:
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- By a metric characterization we mean a set of formulas with some variables, quantifiers and inequalities, where the inequalities contain only the variables and the distances between them (for variables which are elements of spaces). We say that such set of formulas characterizes a class $\mathcal{P}$ of Banach spaces if $X \in \mathcal{P}$ if and only if all of the formulas of the set hold for $X$.
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- The problem with this notion is that it seems to include trivial characterizations of the type: A Banach space is nonreflexive if and only if it contains a bilipschitz image of a nonreflexive Banach space.
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- The problem with this notion is that it seems to include trivial characterizations of the type: A Banach space is nonreflexive if and only if it contains a bilipschitz image of a nonreflexive Banach space.
- Question: Is it possible to give a general definition of a metric characterization which is (1) Short; (2) Includes all examples given above; (3) Excludes trivial characterizations?


# Bilipschitz and coarse embeddings into Banach spaces <br> Part II: Poincaré inequalities and expanders 

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January 2011, Winter School, Kácov

- Let $\left(X, d_{X}\right)$ and $\left(Y, d_{Y}\right)$ be metric spaces. The infimum of distortions of bilipschitz embeddings of $X$ into $Y$ is denoted $c_{Y}(X)$. We let $c_{Y}(X)=\infty$ if there are no bilipschitz embeddings of $X$ into $Y$. When $Y=L_{p}$ we use the notation $c_{Y}(\cdot)=c_{p}(\cdot)$ and call this number the $L_{p}$-distortion of $X$. The parameter $c_{2}(X)$ is called the Euclidean distortion of $X$.
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- Let me recall our discussion of the sparsest cut problem. Instead of finding some minimum of certain quotient over cut metrics we found minimum of similar quotient over all semimetrics. It turns out that the ratio (the desired minimum)/(the minimum which we found) is bounded by 1 from below (trivial) and by $c_{1}$ (the optimal semimetric space) from above.
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- Thus, it is interesting to study the distortion.
- The purpose of this lecture is to develop some techniques for estimates of distortion $c_{Y}(X)$ from below.
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- We start with a simple example: consider a 4-cycle $C_{4}$ and label its vertices in the cyclic order: $v_{1}, v_{2}, v_{3}, v_{4}$. We are going to show that the Euclidean distortion of $C_{4}$ can be estimated using the following inequality

$$
\begin{align*}
& \left\|f\left(v_{1}\right)-f\left(v_{3}\right)\right\|^{2}+\left\|f\left(v_{2}\right)-f\left(v_{4}\right)\right\|^{2} \\
& \leq\left\|f\left(v_{1}\right)-f\left(v_{2}\right)\right\|^{2}+\left\|f\left(v_{2}\right)-f\left(v_{3}\right)\right\|^{2}  \tag{1}\\
& +\left\|f\left(v_{3}\right)-f\left(v_{4}\right)\right\|^{2}+\left\|f\left(v_{4}\right)-f\left(v_{1}\right)\right\|^{2},
\end{align*}
$$

which holds for an arbitrary collection $f\left(v_{1}\right), f\left(v_{2}\right), f\left(v_{3}\right), f\left(v_{4}\right)$ of elements of a Hilbert space.

- To prove (1) we use the identity
$\|a-b\|^{2}=\|a\|^{2}-2\langle a, b\rangle+\|b\|^{2}$ for each of the terms in (1). Then we move everything to the right-hand side and observe that the obtained inequality can be written in the form

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0 \leq\left\|f\left(v_{1}\right)-f\left(v_{2}\right)+f\left(v_{3}\right)-f\left(v_{4}\right)\right\|^{2} .
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- We postpone the computation of $c_{2}\left(C_{4}\right)$ slightly, introducing some terminology first. Inequality (1) can be considered as one of the simplest Poincaré inequalities for embeddings of metric spaces.


## Poincaré inequalities

## - Definition

Let $\left(X, d_{X}\right)$ and $\left(Y, d_{Y}\right)$ be a metric space, $\Psi:[0, \infty) \rightarrow[0, \infty)$ be a non-decreasing function, $a_{u, v}, b_{u, v}, u, v \in X$ be arrays of nonnegative real numbers. If for an arbitrary function $f: X \rightarrow Y$ the inequality

$$
\begin{equation*}
\sum_{u, v \in X} a_{u, v} \Psi\left(d_{Y}(f(u), f(v))\right) \geq \sum_{u, v \in X} b_{u, v} \Psi\left(d_{Y}(f(u), f(v))\right) \tag{2}
\end{equation*}
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holds, we say that $Y$-valued functions on $X$ satisfy the Poincaré inequality (2).

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holds, we say that $Y$-valued functions on $X$ satisfy the Poincaré inequality (2).

- Observe that in this inequality the structure of $X$ plays no role, we use $X$ just as a set of labels for elements $f(u) \in Y$.
- The inequality (2) is useful for the theory of embeddings only if a similar inequality does not hold for the identical map on $X$, that is, if

$$
\begin{equation*}
\sum_{u, v \in X} a_{u, v} \Psi\left(d_{X}(u, v)\right)<\sum_{u, v \in X} b_{u, v} \Psi\left(d_{X}(u, v)\right) \tag{3}
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- Definition

We call the quotient

$$
\frac{\sum_{u, v \in X} b_{u, v} \Psi\left(d_{X}(u, v)\right)}{\sum_{u, v \in X} a_{u, v} \Psi\left(d_{X}(u, v)\right)}
$$

the Poincaré ratio of the metric space $X$ corresponding to the Poincaré inequality (2) and denote it $P_{a, b, \Psi(t)}(X)$.

- Having more information on the values of sides of (3) and on the function $\Psi$, we can get an estimate for the distortion $c_{Y}(X)$. The corresponding estimate of $c_{Y}(X)$ is quite simple if $\Psi(t)=t^{p}$ for some $p>0$.
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- In fact, the following can be obtained by simple manipulations with the definitions:
Proposition. If $Y$-valued functions on $X$ satisfy the Poincaré inequality (2) with $\Psi(t)=t^{p}$, then

$$
\begin{equation*}
c_{Y}(X) \geq\left(P_{a, b, t^{p}}(X)\right)^{1 / p} \tag{4}
\end{equation*}
$$

- Now we are ready to estimate $c_{2}\left(C_{4}\right)$. It is clear that $\left\|f\left(v_{1}\right)-f\left(v_{3}\right)\right\|^{2}+\left\|f\left(v_{2}\right)-f\left(v_{4}\right)\right\|^{2} \leq\left\|f\left(v_{1}\right)-f\left(v_{2}\right)\right\|^{2}+$ $\left\|f\left(v_{2}\right)-f\left(v_{3}\right)\right\|^{2}+\left\|f\left(v_{3}\right)-f\left(v_{4}\right)\right\|^{2}+\left\|f\left(v_{4}\right)-f\left(v_{1}\right)\right\|^{2}$ is a Poincaré inequality for $\ell_{2}$-valued functions on $C_{4}$ (more precisely: for $\ell_{2}$-valued functions on $V\left(C_{4}\right)$ ).
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- The corresponding Poincaré ratio is:

$$
\frac{d_{C_{4}}\left(v_{1}, v_{3}\right)^{2}+d_{C_{4}}\left(v_{2}, v_{4}\right)^{2}}{d_{C_{4}}\left(v_{1}, v_{2}\right)^{2}+d_{C_{4}}\left(v_{2}, v_{3}\right)^{2}+d_{C_{4}}\left(v_{3}, v_{4}\right)^{2}+d_{C_{4}}\left(v_{4}, v_{1}\right)^{2}}=2 .
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$$

- By the Proposition from the previous slide we get $c_{2}\left(C_{4}\right) \geq \sqrt{2}$.
- Now we are ready to estimate $c_{2}\left(C_{4}\right)$. It is clear that $\left\|f\left(v_{1}\right)-f\left(v_{3}\right)\right\|^{2}+\left\|f\left(v_{2}\right)-f\left(v_{4}\right)\right\|^{2} \leq\left\|f\left(v_{1}\right)-f\left(v_{2}\right)\right\|^{2}+$
$\left\|f\left(v_{2}\right)-f\left(v_{3}\right)\right\|^{2}+\left\|f\left(v_{3}\right)-f\left(v_{4}\right)\right\|^{2}+\left\|f\left(v_{4}\right)-f\left(v_{1}\right)\right\|^{2}$ is a Poincaré inequality for $\ell_{2}$-valued functions on $C_{4}$ (more precisely: for $\ell_{2}$-valued functions on $V\left(C_{4}\right)$ ).
- The corresponding Poincaré ratio is:

$$
\frac{d_{C_{4}}\left(v_{1}, v_{3}\right)^{2}+d_{C_{4}}\left(v_{2}, v_{4}\right)^{2}}{d_{C_{4}}\left(v_{1}, v_{2}\right)^{2}+d_{C_{4}}\left(v_{2}, v_{3}\right)^{2}+d_{C_{4}}\left(v_{3}, v_{4}\right)^{2}+d_{C_{4}}\left(v_{4}, v_{1}\right)^{2}}=2
$$

- By the Proposition from the previous slide we get $c_{2}\left(C_{4}\right) \geq \sqrt{2}$.
- This estimate is sharp, this can be shown by an embedding whose image is the set of all points in $\mathbb{R}^{2}$ with coordinates 0 and 1.


## Expanders

- Definition

For a graph $G$ with vertex set $V$ and a subset $F \subset V$ by $\partial F$ we denote the set of edges connecting $F$ and $V \backslash F$. The expanding constant (a.k.a. Cheeger constant) of $G$ is

$$
h(G)=\inf \left\{\frac{|\partial F|}{\min \{|F|,|V \backslash F|\}}: F \subset V, 0<|F|<+\infty\right\}
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(where $|A|$ denotes the cardinality of a set $A$.)

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- Definition

A sequence $\left\{G_{n}\right\}$ of graphs is called a family of expanders if all of $G_{n}$ are finite, connected, $k$-regular for some $k \in \mathbf{N}$ (this means that each vertex is incident with exactly $k$ edges), their expanding constants $h\left(G_{n}\right)$ are bounded away from 0 (that is, there exists $\varepsilon>0$ such that $h\left(G_{n}\right) \geq \varepsilon$ for all $n$ ), and their sizes (numbers of vertices) tend to $\infty$ as $n \rightarrow \infty$.

## Examples of expanders

- The easiest and historically the first constructions are random graphs (Kolmogorov-Bardzin' (1967), Pinsker (1973)).


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- If we do not mind or graphs to have parallel edges, that is, edges with the same pairs of ends, we can get expanders using the following simple construction.
- Consider a set $A$ of cardinality $2 n$. Let $A=A_{1} \cup A_{2}$ be a partition of $A$ into two equal parts of cardinality $n$ each. Let $\pi_{1}, \pi_{2}, \pi_{3}, \pi_{4}, \pi_{5}$ be 5 bijections of $A_{1}$ onto $A_{2}$. Consider the graph with the vertex set $A$ and the edge set defined by the rule: each edge $u v$ has one end vertex in $A_{1}$, say $u \in A_{1}$, the other vertex in $A_{2}\left(v \in A_{2}\right)$ and is such that $v=\pi_{i}(u)$ for some $i$ in the set $\{1,2,3,4,5\}$


## Exercise of the day

- Let us denote by $A$ the number of 5-tuples of permutations for which the expansion constant of the obtained graph is $\geq \frac{1}{4}$. The total number of permutations is obviously $(n!)^{5}$.


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- Exercise. Show that $\lim _{n \rightarrow \infty} \frac{A}{(n!)^{5}}=1$.
- Remark. You are expected to use the Stirling formula.
- Many explicit constructions of expanders are also known, but their expanding properties are more difficult to prove.


## Poincaré inequalities for expanders

- The following is a Poincaré inequality for $L_{1}$-valued functions on a vertex set of a graph.


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- We denote the adjacency matrix of a graph $G=(V, E)$ by $\left\{a_{u, v}\right\}_{u, v \in V}$, that is

$$
a_{u, v}= \begin{cases}1 & \text { if } u \text { and } v \text { are adjacent } \\ 0 & \text { otherwise }\end{cases}
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Let $h$ be the expanding constant of $G$.

- Theorem

The following Poincaré inequality holds for $L_{1}$-valued functions on $V$ :

$$
\begin{equation*}
\sum_{u, v \in V} a_{u, v}\|f(u)-f(v)\| \geq \sum_{u, v \in V} \frac{h}{|V|}\|f(u)-f(v)\| \tag{5}
\end{equation*}
$$

- If I will not have time to prove this Theorem today, you can find its proof in Section 2 of Chapter 4 at: http://facpub.stjohns.edu/ostrovsm/Czech2011.html
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- The Poincaré inequality (5) can be used to get an estimate for $L_{1}$-distortion of a $k$-regular graph with expansion constant $h$. In fact, to estimate such distortion from below we need to estimate from below the corresponding Poincaré ratio:

$$
\begin{equation*}
\frac{\sum_{u, v \in V} \frac{h}{|V|} d_{G}(u, v)}{\sum_{u, v \in V} a_{u, v} d_{G}(u, v)} \tag{6}
\end{equation*}
$$

- The denominator $\sum_{u, v \in V} a_{u, v} d_{G}(u, v)$ of the ratio is equal to $2|E|$, where $|E|$ is the number of edges in $G$. Since the graph is $k$-regular, we have $2|E|=k|V|$.
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- On the other hand, the number of vertices at distance $D$ to a given vertex in a $k$-regular graph is at most

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1+k+k(k-1)+\cdots+k(k-1)^{D-1} \leq k^{D}+1
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- Let $D=\log _{k}\left(\frac{|V|}{2}-1\right)$. Then there are at most $\frac{|V|}{2}$ vertices with distance $\leq D$ to a given vertex. Therefore

$$
\sum_{u, v \in V} \frac{h}{|V|} d_{G}(u, v) \geq \frac{h}{|V|} \cdot \frac{|V|^{2}}{2} \cdot \log _{k}\left(\frac{|V|}{2}-1\right)
$$

and the Poincaré quotient (6) is

$$
\geq \frac{h}{2 k} \log _{k}\left(\frac{|V|}{2}-1\right) \geq c \ln |V| .
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- We get that distortions of members of a family of expanders grow as logarithms of their sizes.
- Remark. It is known that the logarithmic distortion is the largest possible. Bourgain (1985) proved that there exists an absolute constant $C$ such $c_{1}(X) \leq c_{2}(X) \leq C \ln n$ for each $n$-element set $X$.
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- Expanders were also used to answer an important for applications in Algebraic Topology question of Gromov.
- Gromov introduced the following class of embeddings:


## Definition

A map $f:\left(X, d_{X}\right) \rightarrow\left(Y, d_{Y}\right)$ between two metric spaces is called a coarse embedding if there exist non-decreasing functions $\rho_{1}, \rho_{2}:[0, \infty) \rightarrow[0, \infty)$ (observe that this condition implies that $\rho_{2}$ has finite values) such that $\lim _{t \rightarrow \infty} \rho_{1}(t)=\infty$ and

$$
\forall u, v \in X \rho_{1}\left(d_{X}(u, v)\right) \leq d_{Y}(f(u), f(v)) \leq \rho_{2}\left(d_{X}(u, v)\right)
$$

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- Definition

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- It was important to know: are there spaces with bounded geometry which are not coarsely embeddable into a Hilbert space? Gromov observed that the Poincaré inequality for expanders implies that each metric space containing isometric copies of all elements of a family of expanders does not admit a coarse embedding into $L_{1}$.
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- It is well known that $L_{2}$ is isometric to a subspace of $L_{1}$ and it is not difficult to see how to construct a space with bounded geometry containing isometric copies of all elements of a family of expanders. Therefore this observation of Gromov answers the question above.


## Proof of Gromov's observation

- In fact, suppose that there is an embedding $f: V \rightarrow L_{1}$ satisfying

$$
\forall u, v \in V \quad \rho_{1}\left(d_{G}(u, v)\right) \leq\|f(u)-f(v)\| \leq \rho_{2}\left(d_{G}(u, v)\right)
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- Combining this inequality with the Poincaré inequality for expanders (5) we get

$$
\sum_{u, v \in V} \frac{h}{|V|} \rho_{1}\left(d_{G}(u, v)\right) \leq \sum_{u, v \in V} a_{u, v}\|f(u)-f(v)\| \leq k|V| \rho_{2}(1)
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$$

- Now we recall that $\rho_{1}$ is nondecreasing and that we have already proved that at least for $\frac{|V|^{2}}{2}$ out of $|V|^{2}$ terms in the left-hand side of the last inequality we have

$$
\begin{aligned}
& d_{G}(u, v) \geq \log _{k}\left(\frac{|V|}{2}-1\right) . \text { We get } \\
& \qquad \frac{|V|^{2}}{2} \cdot \frac{h}{|V|} \cdot \rho_{1}\left(\log _{k}\left(\frac{|V|}{2}-1\right)\right) \leq k|V| \rho_{2}(1)
\end{aligned}
$$

- We can rewrite the last inequality (I repeat it)

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\frac{|V|^{2}}{2} \cdot \frac{h}{|V|} \cdot \rho_{1}\left(\log _{k}\left(\frac{|V|}{2}-1\right)\right) \leq k|V| \rho_{2}(1)
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as

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\begin{equation*}
\rho_{1}\left(\log _{k}\left(\frac{|V|}{2}-1\right)\right) \leq \frac{2 k \rho_{2}(1)}{h} . \tag{7}
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$$

- It is clear that a function $\rho_{1}$ satisfying $\lim _{t \rightarrow \infty} \rho_{1}(t)=\infty$ cannot satisfy the inequality (7) for a sequence $\left\{\left|V_{k}\right|\right\}_{k=1}^{\infty}$ with $\left|V_{k}\right| \rightarrow \infty$ (if we plug each $\left|V_{k}\right|$ instead of $|V|$ ).


## Open problem of the day

- We say that a Banach space $X$ has a nontrivial type if there exists $\varepsilon \in(0,1)$ and $k \in \mathbb{N}$ such that for each set $\left\{x_{i}\right\}_{i=1}^{k}$ of vectors in $X$

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\inf _{\omega_{i}= \pm 1}\left\|\sum_{i=1}^{k} \omega_{i} x_{i}\right\| \leq k(1-\varepsilon) \sup _{i}\left\|x_{i}\right\| .
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- The existence of nonreflexive spaces with nontrivial type was a well-known open problem in the period 1964-1974. After that several examples were constructed. The first example is due to James (1974). An example with the simplest (in my opinion) formula for the norm is due to Pisier-Xu (1987).


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- Problem. Let $X$ be a nonreflexive space with nontrivial type and $M$ be a metric space containing isometric copies of all elements of some family of expanders. Does it always follow that $M$ does not admit a coarse embedding into $X$ ? (The problem is open for all known examples of $X$.)


## Proof of the Poincaré inequality for expanders

- Lemma

Let $G=(V, E)$ be a connected graph with the expanding constant $h$, and $f: V \rightarrow \mathbb{R}$ be a real-valued function on $V$. Then

$$
\begin{equation*}
\sum_{v \in V}|f(v)-M| \leq \frac{1}{h} \sum_{u v \in E}|f(u)-f(v)| \tag{8}
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where $M$ is a median of the set $\{f(v)\}_{v \in V}$.

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- Replacing $f$ by $\widetilde{f}=f-M$, we may assume that $M=0$. Also we assume (for simplicity) that the number of vertices is odd. (Only a slight modification is needed in the even case.)
- Let $f_{1} \leq f_{2} \leq \cdots \leq f_{k} \leq 0=f_{k+1} \leq f_{k+2} \leq \cdots \leq f_{2 k+1}$ be the values of the function. Then

$$
\sum_{v \in V}|f(v)|=\sum_{i=1}^{2 k+1}\left|f_{i}\right|
$$

- We introduce level sets of the function $f$ as

$$
L_{i}^{-}:=\left\{v: f(v) \leq f_{i}, i=1, \ldots, k\right\}
$$

and

$$
L_{i}^{+}=\left\{v: f(v) \geq f_{i}, i=k+2, \ldots, 2 k+1\right\} .
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$$

- We have

$$
\begin{equation*}
\sum_{i=1}^{2 k+1}\left|f_{i}\right|=\sum_{i=1}^{k}\left|L_{i}^{-}\right| f_{i}^{\Delta}+\sum_{i=k+2}^{2 k+1}\left|L_{i}^{+}\right| f_{i}^{\nabla} \tag{9}
\end{equation*}
$$

- Cardinalities of the sets $L_{i}^{-}$and $L_{i}^{+}$do not exceed $k$. Observe that the definition of the expanding constant implies $|\partial F| \geq h(G)|F|$ for each $F$ with $|F| \leq|V| / 2$.
- Cardinalities of the sets $L_{i}^{-}$and $L_{i}^{+}$do not exceed $k$. Observe that the definition of the expanding constant implies $|\partial F| \geq h(G)|F|$ for each $F$ with $|F| \leq|V| / 2$.
- Hence we have

$$
\begin{align*}
& \sum_{i=1}^{k}\left|L_{i}^{-}\right| f_{i}^{\Delta}+\sum_{i=k+2}^{2 k+1}\left|L_{i}^{+}\right| f_{i}^{\nabla} \\
& \quad \leq \sum_{i=1}^{k} \frac{1}{h}\left|\partial\left(L_{i}^{-}\right)\right| f_{i}^{\Delta}+\sum_{i=k+2}^{2 k+1} \frac{1}{h}\left|\partial\left(L_{i}^{+}\right)\right| f_{i}^{\nabla}  \tag{10}\\
& \\
& \quad=\frac{1}{h}\left(\sum_{i=1}^{k}\left|\partial\left(L_{i}^{-}\right)\right| f_{i}^{\Delta}+\sum_{i=k+2}^{2 k+1}\left|\partial\left(L_{i}^{+}\right)\right| f_{i}^{\nabla}\right) .
\end{align*}
$$

- Observe that the contribution of the edge $u v$ to the sum

$$
\left(\sum_{i=1}^{k}\left|\partial\left(L_{i}^{-}\right)\right| f_{i}^{\Delta}+\sum_{i=k+2}^{2 k+1}\left|\partial\left(L_{i}^{+}\right)\right| f_{i}^{\nabla}\right)
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is equal to $|f(u)-f(v)|$.

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- Therefore we have

$$
\begin{align*}
& \frac{1}{h}\left(\sum_{i=1}^{k}\left|\partial\left(L_{i}^{-}\right)\right| f_{i}^{\Delta}+\sum_{i=k+2}^{2 k+1}\left|\partial\left(L_{i}^{+}\right)\right| f_{i}^{\nabla}\right)  \tag{11}\\
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- This proves the lemma.


## Proof of the theorem

- Since continuous functions are dense in $L_{1}(0,1)$, it suffices to prove the inequality (5) in the case when the functions $f(u, t)$ are continuous as functions of $t$, and so $f(u, t)$ is well-defined for all $t \in[0,1]$. For each $t \in[0,1]$ we let $M(t)$ be a median of the set $\{f(u, t)\}_{u \in V}$. It is easy to show that the medians can be selected in such a way that $M(t)$ is a continuous function on $[0,1]$.


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- Applying Lemma 8 for each value of $t$, we get

$$
\sum_{u v \in E}|f(u, t)-f(v, t)| \geq h \sum_{v \in V}|f(v, t)-M(t)|
$$

Integrating this inequality over $[0,1]$ we get

$$
\begin{equation*}
\sum_{u v \in E}\|f(u)-f(v)\| \geq h \sum_{v \in V}\|f(v)-M\| \tag{12}
\end{equation*}
$$

- By the triangle inequality we have

$$
\|f(u)-f(v)\| \leq\|f(u)-M\|+\|f(v)-M\| .
$$

Therefore

$$
\sum_{u, v \in V} \frac{h}{|V|}\|f(u)-f(v)\| \leq h \sum_{u \in V}\|f(u)-M\|+h \sum_{v \in V}\|f(v)-M\|
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$$

- Combining this inequality with (12) and the definition of the adjacency matrix we get (5).


## Bilipschitz and coarse embeddings into Banach spaces

Part III: Obstructions for coarse embeddability of discrete metric spaces into $L_{2}$

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## Definitions, Examples

- Definition

Let $\rho_{1}, \rho_{2}:[0, \infty) \rightarrow[0, \infty)$ be two non-decreasing functions (important: $\rho_{2}$ has finite values), and let $F:\left(X, d_{X}\right) \rightarrow\left(Y, d_{Y}\right)$ be a mapping between two metric spaces such that $\forall u, v \in X \rho_{1}\left(d_{X}(u, v)\right) \leq d_{Y}(F(u), F(v)) \leq \rho_{2}\left(d_{X}(u, v)\right)$.
The mapping $F$ is called a coarse embedding if $\rho_{1}$ can be chosen to satisfy $\lim _{t \rightarrow \infty} \rho_{1}(t)=\infty$.

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- Example 1. The mapping $F: \mathbb{R} \rightarrow \mathbb{N}$ given by $F(x)=\lfloor x\rfloor$ is a coarse embedding.


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- Example 1. The mapping $F: \mathbb{R} \rightarrow \mathbb{N}$ given by $F(x)=\lfloor x\rfloor$ is a coarse embedding.
- Example 2. The vertex set $V$ of an infinite dyadic tree $T$ with its graph distance can be coarsely embedded into $\ell_{2}$ in the following way: we consider a bijection between the set of all edges of $T$ and vectors of an orthonormal basis $\left\{e_{i}\right\}$ in $\ell_{2}$, and map each vertex from $V$ onto the sum of those vectors from $\left\{e_{i}\right\}$ which correspond to a path from a root $O$ of $T$ to the vertex, $O$ is mapped to 0 .


## Applications of coarse embeddings

- The idea of Gromov was to approach some well-known problems in Topology using coarse embeddings of certain finitely generated groups with their word metrics into "good" Banach spaces.


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## Applications of coarse embeddings

- The idea of Gromov was to approach some well-known problems in Topology using coarse embeddings of certain finitely generated groups with their word metrics into "good" Banach spaces.
- This idea turned out to be very fruitful, see the survey of Yu [in: International Congress of Mathematicians. Vol. II, 1623-1639, Eur. Math. Soc., Zürich, 2006].
- We need to recall that a discrete metric space $A$ is said to have a bounded geometry if for each $r>0$ there exist a positive integer $M(r)$ such that each ball in $A$ of radius $r$ contains at most $M(r)$ elements.


## Exercise and Open Problem of the day

- Definition

Let $X$ be a space with bounded geometry and $\left\{Y_{n}\right\}_{n=1}^{\infty}$ be a family of expanders. We say that $X$ weakly contains $\left\{Y_{n}\right\}$ if there are maps $f_{n}: Y_{n} \rightarrow X$ satisfying (with some abuse of notation we use $Y_{n}$ to denote the vertex set of $Y_{n}$ )

- Lipschitz constants $\operatorname{Lip}\left(f_{n}\right)$ are uniformly bounded
- $\lim _{n \rightarrow \infty} \max _{y \in Y_{n}} \frac{\left|f_{n}^{-1}\left(f_{n}(y)\right)\right|}{\left|Y_{n}\right|}=0$.

The images of $Y_{n}$ in $X$ are called weak expanders.

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- Open Problem. Suppose that a metric space $M$ with bounded geometry is not coarsely embeddable into $\ell_{2}$. Does it follow that $M$ weakly contains a family of expanders?
- Exercise. Suppose that a metric space $M$ weakly contains a family of expanders. Show that $M$ does not embed coarsely into $L_{1}$ (and therefore into $\ell_{2}$ ).
- The following more vague problem is also of interest: Find some expander-like structures in a metric space which is not coarsely embeddable into a Hilbert space.
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- The purpose of this lecture is to present some results on this problem.
- We are going to work with $L_{1}$ instead of $L_{2}$. Let me explain why.


## Some remarks before presenting the example: $L_{2}$ vs $L_{1}$

- It turns out that coarse embeddability into $L_{2}$ is equivalent to coarse embeddability into $L_{1}$. This statement follows from the following well-known facts:


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- $L_{2}$ is linearly isometric to a subspace of $L_{1}$ (can be proved using independent Gaussian variables).
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- $L_{2}$ is linearly isometric to a subspace of $L_{1}$ (can be proved using independent Gaussian variables).
- The metric space $\left(L_{1},\|\cdot\|_{1}^{1 / 2}\right)$ is isometric to a subset of $L_{2}$.
- We define the embedding in the following way: we map each function from $L_{1}(\mathbb{R})$ to the indicator function of the set between the graph of the function and the $x$-axis. This indicator function is considered as an element of $L_{2}\left(\mathbb{R}^{2}\right)$. One can check that this mapping has the desired properties. (The observation is due to Schoenberg, the presented proof was suggested by Naor.)


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- It turns out that coarse embeddability into $L_{2}$ is equivalent to coarse embeddability into $L_{1}$. This statement follows from the following well-known facts:
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- These results show that to prove coarse embeddability/non-embeddability results for a Hilbert space it suffices to prove similar results for $L_{1}$.
- The following result is the first attempt to find expander-like structures in spaces which do not admit coarse embeddings into $\ell_{2}$. Recall that a metric space is called locally finite is all balls in it have finitely many elements.
- The following result is the first attempt to find expander-like structures in spaces which do not admit coarse embeddings into $\ell_{2}$. Recall that a metric space is called locally finite is all balls in it have finitely many elements.
- Theorem (MO (2009), Tessera (2009))

Let $M$ be a locally finite metric space which is not coarsely embeddable into $L_{1}$. Then there exists a constant $D$, depending on $M$ only, such that for each $n \in \mathbb{N}$ there exists a finite set $B_{n} \subset M \times M$ and a probability measure $\mu$ on $B_{n}$ such that

- $d_{M}(u, v) \geq n$ for each $(u, v) \in B_{n}$.
- For each Lipschitz function $f: M \rightarrow L_{1}$ we have

$$
\begin{equation*}
\int_{B_{n}}\|f(u)-f(v)\|_{L_{1}} d \mu(u, v) \leq D \operatorname{Lip}(f) . \tag{1}
\end{equation*}
$$

- Lemma

Let $M$ be a locally finite metric space which is not coarsely embeddable into $L_{1}$. There exists a constant $C$ depending on $M$ only such that for each Lipschitz function $f: M \rightarrow L_{1}$ there exists a subset $B_{f} \subset M \times M$ such that $\sup _{(x, y) \in B_{f}} d_{M}(x, y)=\infty$, but
$\sup \|f(x)-f(y)\|_{L_{1}} \leq C \operatorname{Lip}(f)$.
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$\sup \|f(x)-f(y)\|_{L_{1}} \leq C \operatorname{Lip}(f)$. $(x, y) \in B_{f}$

- Proof. Assume the contrary. Then, for each $n \in \mathbb{N}$, the number $n^{3}$ cannot serve as $C$. This means, that for each $n \in \mathbb{N}$ there exists a Lipschitz mapping $f_{n}: M \rightarrow L_{1}$ such that for each subset $U \subset M \times M$ with

$$
\sup _{(x, y) \in U} d_{M}(x, y)=\infty
$$

we have

$$
\sup _{(x, y) \in U}\left\|f_{n}(x)-f_{n}(y)\right\|>n^{3} \operatorname{Lip}\left(f_{n}\right)
$$

- We choose a point in $M$ and denote it by $O$. Without loss of generality we may assume that $f_{n}(O)=0$.
- We choose a point in $M$ and denote it by $O$. Without loss of generality we may assume that $f_{n}(O)=0$.
- Consider the mapping

$$
f: M \rightarrow\left(\sum_{k=1}^{\infty} \oplus L_{1}\right)_{1} \subset L_{1}
$$

given by

$$
f(x)=\sum_{k=1}^{\infty} \frac{1}{K k^{2}} \cdot \frac{f_{k}(x)}{\operatorname{Lip}\left(f_{k}\right)},
$$

where $K=\sum_{k=1}^{\infty} \frac{1}{k^{2}}$.

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- It is clear that the series converges and $\operatorname{Lip}(f) \leq 1$.
- Let us show that $f$ is a coarse embedding. We need an estimate from below only (the estimate from above is satisfied because $f$ is Lipschitz).
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- The assumption implies that for each $n \in \mathbb{N}$ there is $N \in \mathbb{N}$ such that

$$
d_{M}(x, y) \geq N \Rightarrow\left\|f_{n}(x)-f_{n}(y)\right\|>n^{3} \operatorname{Lip}\left(f_{n}\right)
$$

On the other hand

$$
\begin{aligned}
& \left\|f_{n}(x)-f_{n}(y)\right\|>n^{3} \operatorname{Lip}\left(f_{n}\right) \Rightarrow \\
& \|f(x)-f(y)\|=\sum_{k=1}^{\infty} \frac{1}{K k^{2}} \cdot \frac{\left\|f_{k}(x)-f_{k}(y)\right\|}{\operatorname{Lip}\left(f_{k}\right)}>\frac{n}{K}
\end{aligned}
$$

Hence $f: M \rightarrow L_{1}$ is a coarse embedding and we get a contradiction.

- Lemma

Let $C$ be the constant whose existence is proved in the previous Lemma and let $\varepsilon>$ be arbitrary. For each $n \in \mathbb{N}$ we can find a finite subset $M_{n} \subset M$ such that for each Lipschitz mapping $f: M \rightarrow L_{1}$ there is a pair $\left(u_{f, n}, v_{f, n}\right) \in M_{n} \times M_{n}$ such that

- $d_{M}\left(u_{f, n}, v_{f, n}\right) \geq n$.
- $\left\|f\left(u_{f, n}\right)-f\left(v_{f, n}\right)\right\| \leq(C+\varepsilon) \operatorname{Lip}(f)$.
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- $\left\|f\left(u_{f, n}\right)-f\left(v_{f, n}\right)\right\| \leq(C+\varepsilon) \operatorname{Lip}(f)$.
- Proof. The ball in $M$ of radius $R$ centered at $O$ will be denoted by $B(R)$. It is clear that it suffices to prove the result for 1 -Lipschitz mappings satisfying $f(O)=0$.
- Lemma

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- Proof. The ball in $M$ of radius $R$ centered at $O$ will be denoted by $B(R)$. It is clear that it suffices to prove the result for 1-Lipschitz mappings satisfying $f(O)=0$.
- Assume the contrary. Since $M$ is locally finite, this implies that for each $R \in \mathbb{N}$ there is a 1-Lipschitz mapping $f_{R}: M \rightarrow L_{1}$ such that $f_{R}(O)=0$ and, for $u, v \in B(R)$, the inequality $d_{M}(u, v) \geq n$ implies $\left\|f_{R}(u)-f_{R}(v)\right\|_{L_{1}}>C+\varepsilon$.
- We form an ultraproduct of the mappings $\left\{f_{R}\right\}_{R=1}^{\infty}$, that is, a mapping $f: M \rightarrow\left(L_{1}\right)^{\mathcal{U}}$, given by $f(m)=\left\{f_{R}(m)\right\}_{R=1}^{\infty}$, where $\mathcal{U}$ is a non-trivial ultrafilter on $\mathbb{N}$ and $\left(L_{1}\right)^{\mathcal{U}}$ is the corresponding ultrapower.
- We form an ultraproduct of the mappings $\left\{f_{R}\right\}_{R=1}^{\infty}$, that is, a mapping $f: M \rightarrow\left(L_{1}\right)^{\mathcal{U}}$, given by $f(m)=\left\{f_{R}(m)\right\}_{R=1}^{\infty}$, where $\mathcal{U}$ is a non-trivial ultrafilter on $\mathbb{N}$ and $\left(L_{1}\right)^{\mathcal{U}}$ is the corresponding ultrapower.
- It is well-known that each ultrapower of $L_{1}$ is isometric to an $L_{1}$ space on some measure space, and its separable subspaces are isometric to subspaces of $L_{1}(0,1)$. Therefore we can consider $f$ as a mapping into $L_{1}(0,1)$. It is easy to verify that $\operatorname{Lip}(f) \leq 1$ and that $f$ satisfies the condition

$$
d_{M}(u, v) \geq n \Rightarrow\|f(u)-f(v)\|_{L_{1}} \geq(C+\varepsilon)
$$

We get a contradiction with the definition of $C$.

- Proof of the Theorem. Let $D$ be a number satisfying $D>C$, and let $B$ be a number satisfying $C<B<D$.
- Proof of the Theorem. Let $D$ be a number satisfying $D>C$, and let $B$ be a number satisfying $C<B<D$.
- According to the second Lemma, there is a finite subset $M_{n} \subset M$ such that for each 1-Lipschitz function $f$ on $M$ there is a pair $(u, v)$ in $M_{n}$ such that $d_{M}(u, v) \geq n$ and $\|f(u)-f(v)\| \leq B$.
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- According to the second Lemma, there is a finite subset $M_{n} \subset M$ such that for each 1-Lipschitz function $f$ on $M$ there is a pair $(u, v)$ in $M_{n}$ such that $d_{M}(u, v) \geq n$ and $\|f(u)-f(v)\| \leq B$.
- Let $\alpha_{n}$ be the cardinality of $M_{n}$, we choose a point in $M_{n}$ and denote it by $O$. Proving the theorem it is enough to consider 1 -Lipschitz functions $f: M_{n} \rightarrow L_{1}$ satisfying $f(O)=0$. Each $\alpha_{n}$-element subset of $L_{1}$ is isometric to a subset in $\ell_{1}^{\alpha_{n}\left(\alpha_{n}-1\right) / 2}$ (Witsenhausen (1986), Ball (1990)). Therefore it suffices to prove the result for 1 -Lipschitz embeddings into $\ell_{1}^{\alpha_{n}\left(\alpha_{n}-1\right) / 2}$.
- It is clear that it suffices to prove the inequality

$$
\int_{B_{n}}\|f(u)-f(v)\| d \mu(u, v) \leq B
$$

for a $\left(\frac{D-B}{2}\right)$-net in the set of all functions satisfying the conditions mentioned above, endowed with the metric

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- By compactness there exists a finite net satisfying the condition. Let $N$ be such a net.
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- By compactness there exists a finite net satisfying the condition. Let $N$ be such a net.
- We are going to use the minimax theorem.
- Let $A$ be the matrix whose columns are labelled by functions belonging to $N$, whose rows are labelled by pairs $(u, v)$ of elements of $M_{n}$ satisfying $d_{M}(u, v) \geq n$, and whose entry on the intersection of the column corresponding to $f$, and the row corresponding to $(u, v)$ is $\|f(u)-f(v)\|$.
- Let $A$ be the matrix whose columns are labelled by functions belonging to $N$, whose rows are labelled by pairs $(u, v)$ of elements of $M_{n}$ satisfying $d_{M}(u, v) \geq n$, and whose entry on the intersection of the column corresponding to $f$, and the row corresponding to $(u, v)$ is $\|f(u)-f(v)\|$.
- Then, for each column vector $x=\left\{x_{f}\right\}_{f \in N}$ with $x_{f} \geq 0$ and $\sum_{f \in N} x_{f}=1$, the entries of the product $A x$ are the differences $\|F(u)-F(v)\|$, where $F: M \rightarrow\left(\sum_{f \in N} \oplus \ell_{1}^{\alpha_{n}\left(\alpha_{n}-1\right) / 2}\right)_{1}$ is given by $F(m)=\sum_{f \in N} x_{f} f(m)$. The function $F$ can be considered as a function into $L_{1}$. It satisfies $\operatorname{Lip}(F) \leq 1$. Hence there is a pair $(u, v)$ in $M_{n}$ satisfying $d_{M}(u, v) \geq n$ and $\|F(u)-F(v)\| \leq B$. Therefore we have $\max _{x} \min _{\mu} \mu A x \leq B$, where the minimum is taken over all vectors $\mu=\{\mu(u, v)\}$, indexed by $u, v \in M_{n}, d_{M}(u, v) \geq n$, and satisfying the conditions $\mu(u, v) \geq 0$ and $\sum \mu(u, v)=1$.
- By the von Neumann minimax theorem we have

$$
\min _{\mu} \max _{x} \mu A x \leq B
$$

which is exactly the inequality we need to prove because $\mu$ can be regarded as a probability measure on the set of pairs from $M_{n}$ with distance $\geq n$.

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- The proof above can be summarized in the following way: we can consider our situation as a kind of a two-person game: one person picks a 1-Lipschitz function and the other picks a pair of points in $M_{n}$ at distance $\geq n$. The second person wins if $\|f(u)-f(v)\| \leq B$.
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- By the minimax theorem the second person has always a winning weighted strategy.
- This is still far from the desired result. In fact, one can prove an analogue of the Poincaré inequality (introduced in the previous lecture) for $L_{p}$-valued functions on expander graphs, and show that metric spaces containing families of expanders do not embed coarsely into $L_{p}$ for $1 \leq p<\infty$ (the same is true for weak expanders).
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- On the other hand, using the result of Johnson-Randrianarivony (2006) (or its strengthening due to Mendel-Naor (2008)) one can construct a locally finite metric space which is a subset of $\ell_{p}, p$ is some number satisfying $p>2$, which is not coarsely embeddable into $\ell_{2}$, and thus contains structures described above.
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- Therefore properties of the structures whose existence we proved today are quite different from properties of real expanders.
- The following result was proved with the purpose to get from the previous result some more satisfactory expander-like structures.


## Expansion properties of sets $M_{n}$.

- Let $s$ be a positive integer. We consider graphs $G(n, s)=\left(M_{n}, E\left(M_{n}, s\right)\right)$, where the edge set $E\left(M_{n}, s\right)$ is obtained by joining those pairs of vertices of $M_{n}$ which are at distance $\leq s$. The graphs $G(n, s)$ have uniformly bounded degrees if the metric space $M$ has bounded geometry.
- Consider the following condition:
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- (*) For some $s \in \mathbb{N}$ there is a number $h_{s}>0$ and subgraphs $H_{n}$ of $G(n, s)$ of indefinitely growing sizes (as $n \rightarrow \infty$ ) such that the expansion constants of $\left\{H_{n}\right\}$ are uniformly bounded from below by $h_{s}$.
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- If we would prove that in the bounded geometry case the condition (*) is satisfied, it would solve the problem mentioned at the beginning of the talk: whether each metric space with bounded geometry which does not embed coarsely into a Hilbert space contains weak expanders?
- At this point we are able to prove only the following weaker expansion property of the graphs $G(n, s)$. We introduce the measure $\nu_{n}$ on $M_{n}$ by $\nu_{n}(A)=\mu_{n}\left(A \times M_{n}\right)$. Let $F$ be an induced subgraph of $G(n, s)$. We denote the vertex boundary of a set $A$ of vertices in $F$ by $\delta_{F} A$. (The vertex boundary of $A$ is the set of vertices which are not in $A$ but are adjacent to some vertices of $A$.)
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- Theorem (MO (2009))

Let $s$ and $n$ be such that $2 n>s>8 D$. Let $\varphi(D, s)=\frac{s}{4 D}-2$. Then $G(n, s)$ contains an induced subgraph $F$ with $d_{M}$-diameter $\geq n-\frac{s}{2}$, such that each subset $A \subset F$ of $d_{M}$-diameter $<n-\frac{s}{2}$ satisfies the condition: $\nu_{n}\left(\delta_{F} A\right)>\varphi(D, s) \nu_{n}(A)$.

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- The proof uses the exhaustion process similar to the one used by Linial-Saks (1993) and "random" signing of functions similar to the way it was used by Rao (1999) in his work on Lipschitz embeddings of planar graphs into $\ell_{2}$.


## Final comment

- The problem on relation between the expansion condition from the last theorem and the desired expansion resembles the well-known open problem: whether each sequence $\left\{G_{n}\right\}$ of $k$-regular $(k \geq 3)$ graphs with indefinitely growing girth contains weak expanders?


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- The problem on relation between the expansion condition from the last theorem and the desired expansion resembles the well-known open problem: whether each sequence $\left\{G_{n}\right\}$ of $k$-regular $(k \geq 3)$ graphs with indefinitely growing girth contains weak expanders?
- Recall that the girth of a graph is the length of the shortest cycle in it.

